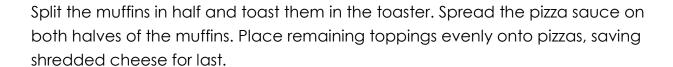
Bite-Size Pizzas

Ingredients:

4 English Muffins -- halved
1 cup Pizza Sauce
1/2 cup Ham, extra lean -- chopped
1/3 cup Onions -- finely chopped
1 1/2 cup Mozzarella Cheese, part skim milk -- shredded
1/4 cup Bell Pepper -- chopped
1/3 cup Mushrooms -- sliced
1/8 cup Black Olives - sliced



Bake at 350degrees F, for approx 10 minutes or until cheese has melted. Remove from oven, and cut each muffin half into four pieces. Serve as appetizers or snacks.

Note: If you wish, do not cut muffin halves into fourths, and serve as whole individual pizzas. 2 halves will make a serving.

From www.cdkitchen.com



